

M.	T.	W.	TH.	F.
Caribbean Jerk Chicken	Hot Honey BBQ Grilled Chicken Thighs	Tri Color Tortellini V	<u>Argentina</u>	Grilled Chicken Bruschetta
Curry Roasted Tilapia, Cilantro Yogurt	Baked Mesquite Rubbed Salmon	Farfalle Noodles V	Grilled Flank Steak, Chimichurri Sauce	Lemon Pepper & Herb Roasted Salmon
Spicy Jamaican Beef Patty	12 Hour Pulled Pork	Alfredo Sauce V Tomato Sauce V	Creole Chicken Stew	Blackened Pork Tenderloin, Pineapple Salsa
Red Beans & Rice V	Baked Mac & Cheese V	Meatballs	Wild Rice V	Asparagus & Charred Yellow Pepper V
Fried Plantains V	Roasted Red Bliss Potato V	Italian Sausage	Papas Bravas V	Pasta Primavera V
Stewed Coconut Chic Pea & Potato V	Green Bean Caramelized Onions & Carrot V	Pesto Grilled Chicken	Roasted Cauliflower with Green Herb Pesto V	Herbed Brown Rice V
	Corn Bread Biscuits Coleslaw	Broccoli & Fire Roasted Peppers V	Beef Empanadas	
		Parmesan Cheese Garlic Knots	Chicken Empanadas	

HOURS OF OPERATION

Monday – Friday

Breakfast

7:30am - 10:00am

Lunch

11:00am – 2:00pm

SOUP

MONDAY | Chicken Dumpling & Broccoli Cheddar

TUESDAY | Southwest Chicken Tortilla & Baked Potato

WEDNESDAY | Chicken Orzo & Minestrone

THURSDAY | Vegetable Beef & Clam Chowder

FRIDAY | Tomato Basil & Chefs Choice

PRIME

Sweet & Smokey Grilled Chicken Sandwich

Smoked Gouda, Applewood Bacon, Torn Arugula,
Hot Honey Caramelized Onions, Ciabatta Bun

COOL SLAW SANDWICH SHOP

South Philly Roasted Pork

Herb Roasted Pork Loin Sliced Thin, Broccoli Rabe,
Roasted Red Peppers, Garlic Aioli, Provolone Cheese, Rustic Ciabatta

Crispy Buffalo Chicken Panini

Cheddar Cheese, Scallion, Diced Tomato, Buttermilk Ranch

POMO

Variety of Sicilian Slices, Sandwiches, Strombolis, Baked Pastas

Breakfast Flatbreads Every TUESDAY

Look For Fish Tacos During Lent

LA COCINA

TACOS. BURRITOS. BOWLS.



Fresh Rolled Sushi

GLOBAL
GRAINS

Greek Shrimp Couscous Bowl

pearl couscous, cherry tomatoes,
artichokes, shredded zucchini, grilled
shrimp,
Kalamata olives and feta cheese
lemon vinaigrette

Fajita Chicken & Quinoa Bowl

tri-color, cumin grilled chicken, fajita
onions and peppers, romaine, charred
corn, chipotle yogurt sauce

Italian Pesto Chicken & Farro Bowl

farro, balsamic glazed chicken, roasted
peppers, cherry tomatoes, arugula,
Pesto & parmesan
\$10.95



BAR
BANZO

Chicken Shawarma

Falafel
Salmon Kabob

Diced Tomato
Shaved Red Onion
Pickled Hot Peppers
Diced Cucumber
Shredded Lettuce
Marinated Olives
Crumbled Feta

Harissa

Hummus

Baba Ghanoush

Tabbouleh Salad

Pita Bread

10.95



- Better For You

V - Vegetarian

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